

WESTERN CASCADE FRUIT SOCIETY

NEWSLETTER
SUMMER 1992

DON'T MISS THE **FALL FRUIT SHOW**

A Presentation for Home Fruit Growers by the
Western Cascade Fruit Society
at the

KITSAP PAVILION

1200 NW Fairgrounds Road, Bremerton, Washington

Saturday, October 31, 10-6PM & Sunday, November 1, 10-4PM

Admission: Adults, \$2.50; Age 16 & under, free.

Includes: Parking, Apple tasting, identification, and pressing your cider

Enjoy displays of the many varieties of apples, pears, grapes, kiwi fruit, and other fruit and nuts grown in the various microclimates of Puget Sound.

Taste varieties of apples and other fruit that you can grow in your yard. Bring fruit from your "nameless" apple trees for identification. Buy apples to take home.

Browse through exhibits on fruit tree care, Orchard Mason Bees, publications, tools and equipment, cider presses and more. Snack food and fresh cider will be available.

Bring up to two boxes of your own clean apples to press for cider into your containers.

Enter the Cider Press raffle. Tickets, one dollar each: Available from Western Cascade Fruit Society (P. O. Box 128, Carlsborg, WA - 98324), at the Fruit Show, at some Master Gardener Clinics and from local WCFS chapters.

FALL FRUIT SHOW PROGRAM

(10:30am — 4:30pm each day. Reverse order on Sunday)

Pruning Fruit Trees in Your Home Landscape

Gil Schieber: Seattle Tilth

Fruit Drying

Deanne DeLong: Specialist and HP author

Managing Fruit Trees in the Landscape

George Pinyuh: Extension Agent, TV and Radio Educator

Fruit Tree Pest Control in Tune with the Environment

"Cisco" Morris: Seattle University Grounds Manager

How To Get To The Kitsap Pavilion and Fairgrounds

From Seattle: Take Ferry to Bremerton. Drive North on Warren Avenue (State Highway 303), which becomes Wheaton Way. Turn left on Fairgrounds Road and drive to Fairgrounds.

From Tacoma: Drive across Narrows bridge on Highway 16. Proceed to Gorst and take the Hood Canal exit onto Highway 3. At the Silverdale exit (Also marked as the Newberry Hill exit) turn right into Silverdale. At the first traffic light turn right onto Bucklin Hill Road. Drive east to Nels Nelson Road. Turn right and drive south to Fairgrounds Road. Turn right and proceed to the Fairgrounds parking area at the Pavilion.

From the Hood Canal Bridge: Drive south on highway 3 and exit into Silverdale. At the traffic light on Bucklin Hill Road turn left and proceed east as described above.

PRESERVING YOUR FRUIT FOR THE 1992 FALL FRUIT SHOW

The major feature of our Fall Fruit Show is the displaying of the many varieties of fruit grown by our members. Since the next WCFS Newsletter will be mailed in late October and the show is October 31 & November 1, this is your reminder to preserve specimens for your displays. **This has been a remarkable year for early maturity of fruit, making it even more essential that proper storage techniques be used for preservation.** Store five to seven specimens of each fruit variety you wish to display along with a note of the harvest time and the variety name. This year almost all fruit will need to be refrigerated to keep until show time.

PRESIDENT'S MESSAGE

Special care is needed this year to preserve your fruit for display at the Fall Fruit Show. The unusually warm weather has created a challenge for us by increasing the time that fruit must stay in storage before the show. Please read the above article on preservation of fruit for the show.

At the meeting of the WCFS Board on August 15 we voted to use the Swasey library in Tacoma as a "permanent" place for our board meetings. Please note that all members are welcome to attend our board meetings.

Paul Donaldson

FRUIT TREE FIELD DAY AT MOUNT VERNON

A special field day will be held on Thursday, September 24, at the Washington State University Research and Extension Unit at Mount Vernon from 9am until 4pm. Registration is from 8 to 11. **This Field Day funds research, and the suggested donation is \$10.00.** The event is sponsored by the new Western Washington Tree Fruit Research Foundation (WWTFRF) which was formed to keep tree-fruit research alive in Western Washington in the face of major State of Washington budget cuts for WSU.

- Taste dozens of fruit varieties that thrive in our region, including Apples, Asian Pears, European Pears, Plums and more.
- Participate in taste tests to tell us which are the most flavorful.
- Tour the Experiment Station with the researchers and see the exciting variety trials and the organic fruit growing section.
- Sit in on classes and question and answer sessions that will teach you how to successfully grow quality fruit in your own back yard.
- Learn tips on fruit tree pruning, training and thinning.
- Learn about the current WSU funding situation as it effects fruit research.
- Bring a lunch or you may purchase a lunch at the Deli-Snack Booth.

FIELD DAY PROGRAM

8:00 AM	Registration in Auditorium
8:45	Welcome and Opening Comments
9:00	<i>Auditorium:</i> Disease Control in Home Gardens (An open question and answer period follows each talk) <i>Field:</i> Tour of Orchard and Berry Plots
10:00	<i>Auditorium:</i> How to Identify and Control Insect Damage
11:00	<i>Auditorium:</i> Selection of Well Adapted Fruit Varieties <i>Field:</i> Tour of Orchard and Berry Plots (Repeated)
12:00-1:00PM	LUNCH: Bring your own or use Deli Snack Booth provided
1:00	<i>Auditorium:</i> Establishing and Maintaining Your Home Orchard <i>Field:</i> Tour of Orchard and Berry Plots (Repeated)
2:00	<i>Auditorium:</i> Small Fruits — Culture and Management
3:00	<i>Auditorium:</i> All About Fruit Question Panel <i>Field:</i> Tour of Orchard and Berry Plots (Repeated)

Plus Master Gardener's Info. and WSU Publications, Fruit ID, Budding and Grafting & More

For more than 20 years the WSU Mount Vernon Experiment Station has tested fruit varieties to help us optimize our choices among the many new varieties made available each year. Because of state-wide budget cuts that have adversely affected WSU, it is possible that the fruit tree research in Western Washington will be eliminated and the trees torn out. It is essential that this research and testing continue.

As a direct result of the budget problems, WSU now has been forced to institute a "pay for services" policy. This means that interested back yard fruit growers will have to provide part of the funding if this important work is to continue.

Your participation in this WWTFRF sponsored day of classes and fruit tasting will not only be fun and educational, but will give you an opportunity to lend your support — which is essential for the researchers to continue their important work.

Each year the needs to raise the following amounts for projects at the Station:

Organic fruit growing practices and disease resistant apple evaluation	\$3,700.00
Evaluation of Pear and Asian Pear varieties	3,800.00
Evaluation of Plums, Cherries, Peaches and Apricots	4,500.00
Apple Cultivar Trials (Currently WSU funded)	6,100.00

Donations can also be made directly to WWTFRF, 391 Butts Road, Morton, Washington - 98356. For more information please call (206) 496 6400.

If you would like to volunteer to help with the Field Day, please call WCFS Treasurer, Chuck Parkman, on (206) 452-6600.

The address of the WSU-Mt Vernon facility is 1468 Memorial Highway, Mount Vernon, WA.

WWTFRF BOARD OF DIRECTORS

For you information, the Board of Directors of the Western Washington Tree Fruit Research Foundation and their telephone numbers are as follows:

Sam Benowitz	(206) 496-6400	Morton
Marlene Falkenbury	(206) 522-2273	Seattle
Don Shakow	(206) 598-4668	Poulsbo
Alan Merritt	(206) 766-6224	Mt Vernon
Chuck Parkman	(206) 452-6600	Carlsborg
Joe Birringer	(206) 466-2800	Mt Vernon
Gil Schieber	(206) 783-2862	Seattle

WWTFRF has provided your editor with additional details concerning the types of research done by WSU that must be protected. Please feel free to call Dave Battey on (206) 888-2504 for more information.

AUGUST CORVALLIS TOUR

Those few of us who took advantage of the Oregon tour on August 7, 8, & 9 were delighted with the warm welcome we received and the knowledge passed to us by our hosts. We visited the Germ Plasm Repository, Dr. Stebbin's Experimental Orchards, and Lagerstedt's Peach Orchards. Expect a writeup on this tour for the Fall Newsletter.

FALL NEWSLETTER DATES

Please have your input to the editor for the Fall Newsletter by Friday, October 9. The newsletter will be mailed by October 23. Thank you very much.

CHECK YOUR LABEL TO SEE IF YOUR WCFS DUES ARE DUE

DR. ROBERT NORTON ESCORTS JAPANESE TREE FRUIT TOUR

WCFS Life member and noted WSU research pomologist, Dr. Robert Norton, will be escorting a "Japan Tree Fruit Study Tour" on October 26 through November 8. A four day Hong Kong supplement is also available. Bob Norton has traveled to Japan three times previously and is well acquainted with the scientists, growers and other fruit experts there. He has also traveled to Australia, New Zealand, Europe and South Africa to better understand world fruit culture and to bring back to the Northwest the most valuable and up-to-date concepts. Preliminary costs are \$3890 for Japan and \$425 for the Hong Kong extension (double occupancy). For more information call Dr. Norton on (206) 428-1331.

EDITOR'S MESSAGE

Time has been more of a challenge than usual for my family this year. Please accept my apologies for this Summer Newsletter creeping into Fall. Also note that the "History Corner" in this issue is not written "from scratch", but is a collection of historical information from a turn-of-the-century source.

Our last "controversial" article (on the possibility that U. S. Government required tests for carcinogens using specially bred rodents that are allowed to eat as much food laced with a possible carcinogen as they wish are not valid) did not elicit a response from members. It's still not too late.

Please note a change in the cover font used in the bulletin. It is now a Microsoft "True-Type" font called Becker Medium.

Letters to the editor are welcome on any subject. What would you like to see in our newsletter? Chances are that you are not alone.

SEPTEMBER BOARD MEETING

The next WCFS Board Meeting will be on Saturday, September 26, from 10am until noon at the Swasey Branch of the Tacoma Library, 7001 6th Avenue, Tacoma. To get there, take the Jackson Street Exit off of highway 16 — the first exit east of the Narrows Bridge. Proceed south two blocks to 6th avenue and then east several blocks to the library. The agenda will focus on Fall Fruit Show final touches.

Board Meetings are always open to WCFS members (to all, according to the by-laws). Come with suggestions, ideas, comments, criticisms, kudos, etc.).

AUGUST BOARD MEETING

The August 15 board meeting was well attended (16 members). We decided at this meeting that it would be a good idea for WCFS to purchase her own computer and make it available to a volunteer willing to donate about thirty-five hours per quarter (plus attendance at board meetings) to the society as newsletter editor and mailing label coordinator. See the "Help Wanted" article on page 6 for more details. **As noted in the President's Message, we have voted to make the Tacoma Swasey Library our "permanent" meeting place for the foreseeable future.**

B. C. FRUIT TESTERS ASSOCIATION - APPLE DAY FRUIT SHOW OCTOBER 24

Our sister group in British Columbia, the B. C. Fruit Testers Association, will host their Apple Day Fruit Show on October 24 at the CAN WEST MALL, 2945 Jacklin Road, Victoria B.C. from 9am to 4pm. Over one-hundred varieties of apples will be displayed, along with Orchard Bee exhibits, grafting demonstrations and much more. For additional information contact Rex Welland on (604) 479-2063 or president Cindy Heft on (604) 727-0721.

HELP WANTED — DO YOU WANT A “FREE” COMPUTER IN YOUR HOME?

We are seeking a volunteer who can use (or can learn to use) an IBM compatible computer to transcribe tapes of WCFS Board meeting minutes. The Society will provide a donated IBM computer, monitor, daisy-wheel printer, modem and personal instructions by one of our secretaries. The volunteer can also use the equipment for their own work over the period that they serve as WCFS transcriber. The volunteer need not attend the Board Meetings, but would certainly be welcome. Phone Joe Zeppa in Seattle, at (206) 524-8943 for more information or to volunteer.

We are also seeking a volunteer to provide a good home for the **proposed new WCFS computer** that will be used to keep the mailing lists and to create the newsletters. This will be a state-of-the-art machine. In exchange for personal use of the WCFS computer, this person must be able to spend about thirty-five hours every three months creating the quarterly newsletter and mailing labels, as well as attend most WCFS Board Meetings. If you are interested in this opportunity, please call Paul Donaldson on (206) 364-0161 or Dave Battey on (206) 888-2504.

LIFE MEMBERS

As noted in the last bulletin, the Western Cascade Fruit Society has recognized outstanding contributors to the organization with "Life" memberships. At the August 15 Board Meeting the society asked your editor to provide you with a list of our Life Members, which follows:

- ↪ Jim Anstis (Deceased)
- ↪ Nancy Cushman
- Paul Donaldson
- ↪ Dal Leaf (Deceased)
- ↪ Emory Leland
- Daphne Lewis
- ↪ Edward Lewis
- ↪ Walter Lyon
- ↪ Dr. Robert Norton
- ↪ John Parker
- Gerald Pate (~~Deceased~~)
- ↪ Tom Perkins
- ↪ Bob Sestrap
- ↪ Tom Thornton
- Dick & Marilyn Tilbury
- ↪ Helen Zeulow

+ 1993 & '94
Life

WE HAVE THE ANSWER

When should I prune my fruit trees in Western Washington?

Any time you want may seem like a non-answer, but it is very close to true. Spring pruning is still the standard, but for training a tree you can prune at any time. Also note that summer pruning is a good way to decrease the "suckering" when you are cutting back an established tree. If you prune heavily in Spring, the sucker growth will be intense. Cutting off these suckers in July or early August tricks the tree into not re-growing as many suckers the next season.

The main reason for Spring pruning being the "standard" is the fear that if you prune in the Fall and have a very cold killing Winter, you will have actually pruned off what would have been killed and allowed the freeze to kill into the wood you wished to save. **This is not generally an issue in our mild Puget Sound climate.**

Dave Battey - Snoqualmie

CHECK YOUR LABEL TO SEE IF YOUR WCFS DUES ARE DUE

ARE YOUR WCFS DUES DUE?

Check the upper right-hand corner of your WCFS Newsletter mailing label. If you find a big mean green reminder label on your bulletin or if the month and year on the mailing label are past, you are in danger of being dropped from our mailing list. If the date is up to three months in the future, you have one more newsletter coming. Please remit dues to Charles Parkman, P. O. Box 128, Carlsborg, WA 98324 or to your chapter treasurer.

HELP A FRIEND

Harry Wong of 2187 Franklin Street, Vancouver B. C., Canada V5L 1R6, is a WCFS member and would like some information. **First**, he has a leaf disease on Asian Pears (Shinseiki) that needs to be diagnosed. The pressed leaves your editor saw had a problem he couldn't recognize — so for this issue it would be best to have someone closer to Harry take a first-hand look. **Second**, Harry would like to grow five varieties of Asian Pear on one tree by grafting or budding and would like to know when and how. The **third** request is more of a challenge. Harry would like to know how to graft a Kumquat. I'm certain that somewhere in the knowledgeable fraternity of WCFS, someone will be able to answer this question. **Fourth**, Harry would like the address of "Hines Nursery". This nursery is not listed in the Fruit, Berry and Nut Inventory edited by Kent Wealy and published by Seed Saver Publications. Who can help Harry with this question?

Rich Rempfer of 104 N. Cushing Street, Olympia, Washington, 98502 has the following question: "I am extremely fond of an apple that appears seasonally in the grocery store. The occasional sticky-backed label on the apple says 'Hood River Pippin'. I would like to plant a dwarf tree of this apple in my yard here in Olympia. Where can I find such a tree? What is the actual variety name? Any help would be most appreciated."

ROOTSTOCK AVAILABLE AT ANNUAL SPRING MEETING

"Building" your own tree from the ground up is one of the most satisfying aspects of amateur fruit growing. The base for grafting your own tree is the rootstock. As in the past we will be pre-selling rootstock for delivery at our WCFS Annual Meeting in spring of 1993. We will have the same varieties as last year — with slightly higher prices (costs have increased). The rootstock price list and order blank will appear in a future newsletter. Please fill out the order blank and send it to me, with payment, as early as possible. Orders will be filled in the order received.

Walt Lyon - Bothell

SUSTAINABLE GARDEN PROJECT

Seattle Tilth, the Washington Toxics Coalition and WSU King County Extension have "joined together to form the **Sustainable Garden Project**." The goal is to present free opportunities for interested gardeners to learn more about organic gardening and integrated pest management and to provide interested gardeners with lists of pest-resistant varieties.

WCFS members have been asked to send in lists of fruit varieties known to be naturally resistant to pests to TILTH at 4649 Sunnyside Avenue North, Seattle Washington - 98103. In addition we are asked to be on the lookout for plant varieties that might better fit the organic and IPM type of gardening. Even if the varieties we have found are unnamed, TILTH would be interested in hearing from us.

If you can help, please call TILTH on (206) 547-7561, or write to them at the above address.

FALL FRUIT SHOW — ALTERNATE ACTIVITIES IN THE AREA

We recognize that spouse and children may not be "fruit freaks" like the rest of us and have created a list of **alternate activities going on in the area around the Fall Fruit Show**. These include the Olympic Game Farm, Dungeness National Wildlife Refuge, Hurricane Ridge in Olympic National Park, and Lazy J Farm. Additional details and instructions for getting to these locations will be included in the next newsletter.

WCFS Board

HISTORY CORNER

EXCERPTS FROM THE *ENCYCLOPEDIA OF PRACTICAL HORTICULTURE*

In 1914 the Lowman and Hanford Press in Seattle published a four volume (three volumes in leather) set titled *Encyclopedia of Practical Horticulture*, and subtitled "A Reference System of Commercial Horticulture." Although the set attempts to provide information for the United States, it is parochial in many respects — increasing its value to Northwest horticultural enthusiasts. The title page notes that the book was created by Granville Lowther, Editor-In-Chief and William Worthington, Associate Editor, "Assisted by the best known scientific and practical horticulturalists throughout the country, and particularly in the Northwest."

The entry on apples begins on page 56 and ends on page 438, to be followed by entries for apple diseases and apple pests, which end on page 546. There are 2037 pages in the set, so approximately twenty-five percent is dedicated to information on apples.

The set breaks the United States into districts, and the Puget Sound Country is in District 15, which includes the coast sections of British Columbia, Washington and Oregon and some of Northern California. The apples listed for this district are:

HIGHLY RECOMMENDED — *Dessert, Kitchen and Market*: Gravenstein, Jonathan, Northern Spy, Rhode Island Greening, Yellow Bellflower, Yellow Newton (Albermarle). *Kitchen and Market*: Baldwin, Red Astrachan. *Dessert and Market*: Tompkins King. *Market*: Ben Davis. *Dessert*: Esopus Spitzenburg

RECOMMENDED — *Kitchen and Market*: Oldenburg, Duchess of, Yellow Transparent. *Dessert and market*: Golden Russett (N. Y.), Wagener, White Pearmain (W. W. Pearmain). *Dessert and Kitchen*: Early Harvest. *Dessert*: Belmont (Waxen)

RECOMMENDED FOR TRIAL — *Dessert, Kitchen and Market*: Wealthy. *Kitchen and Market*: Arkansas (Mammoth Black Twig), Wolf River. *Dessert and Market*: Lawver, Red June, Carolina. *Dessert and Kitchen*: Golden Sweet. *Market*: Gano.

Note that Red Delicious is not included above, even in the "Recommended for Trial" section. However, under "Description of Varieties" it is noted that, "The Delicious is one of the new varieties not yet very well known, and its market value is not well established. At the present time it sells for higher prices than almost any other apple in the markets; but the fear of growers is, that it will not continue to do so. Perhaps nothing but time can determine this question."

Dave Battey - Snoqualmie

WCFS OFFICERS AND BOARD OF DIRECTORS

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AL SATER , (Tahoma Chapter President) 2127 13th Avenue NW, Puyallup, WA 98371	(206) 848-3398
RON SCHAEVITZ , (Piper Orchard Chapter President) 1227 NW 117th Street, Seattle, WA 98177	(206) 362-1227
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WESTERN CASCADE FRUIT SOCIETY EDITOR

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ADDRESS CORRECTION REQUESTED

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WESTERN CASCADE FRUIT SOCIETY MEMBERSHIP INFORMATION
(Please indicate whether you wish standard WCFS membership or affiliation with a chapter. Yearly dues for standard or chapter memberships are \$10, except as noted)

NAME(S) NEW
 RENEWAL

STREET ADDRESS

CITY, STATE, AND ZIP

PHONE ***PLEASE CHOOSE ONE CATEGORY BELOW***

STANDARD \$10() NORTH OLYMPIC \$10() PENINSULA/KITSAP \$10()
PIPER \$10() SEATTLE TREE FRUIT \$18() TAHOMA \$10() S. PUGET SOUND \$10()
ENCLOSED FIND \$5 EXTRA FOR WESTERN WASHINGTON FRUIT RESEARCH

Check to receive "opportunity descriptions" for society participation.

Make checks payable to WESTERN CASCADE FRUIT SOCIETY and mail to:
WCFS Treasurer, P. O. Box 128, Carlsborg, WA 98324.
YOU MAY PAY YOUR CHAPTER TREASURER FOR BOTH CHAPTER & SOCIETY DUES